



**ST. KATHARINE'S C.E. (V.A.) PRIMARY
SCHOOL**

Rolls Drive · Southbourne · Bournemouth BH6 4NA



INFECTION AND ILLNESS GUIDE

Illness	Recommended period to be kept away from school	Comments
Diarrhoea and/ or Vomiting	48 hours from last episode of diarrhoea or vomiting.	Exclusions from swimming should be 2 weeks following the last episode of diarrhoea.
Athletes Foot	None.	Athletes foot is not a serious condition. Treatment is recommended.
Chickenpox*	5 days from onset of rash.	See: female contacts – pregnancy.
Cold Sores	None.	Avoid contact with the sores. Cold sores are generally a mild self-limiting disease.
Conjunctivitis	None.	
Impetigo	Until lesions are crusted or healed.	Antibiotic treatment by mouth may speed healing and reduce infectious period.
Molluscum Contagiosum	None.	A self-limiting condition.
Ringworm	Until treatment commenced.	Treatment is important and available from the pharmacy. N.B For ringworm of scalp treatment by GP is required. Also check and treat symptomatic pets.
Scabies	Child can return after first treatment.	Two treatments one week apart for cases. Contacts should have one treatment; include the entire household and any other very close contacts.
Slapped Cheek* (Fifth Disease/ Parvovirus B19)	None.	See: Female contacts – pregnancy

Shingles*	Exclude only if rash is weeping and cannot be covered.	Can cause chickenpox in those who are not immune. i.e. have not had chickenpox. It is spread by very close contact and touch. See: female contacts – pregnancy.
Warts and Verrucae	None.	Verrucae should be covered in swimming pools, gymnasiums and changing rooms.
Glandular Fever	None.	About 50% of children get the disease before they are 5 and many adults also acquire the disease without being aware of it.
Head Lice	None.	Treatment is recommended only in cases where live lice have been seen. Close contacts should be checked and treated if live lice are found. Regular detection combing should be carried out by parents.
Threadworms	None.	Treatment is recommended for the child and household contacts.
Tonsillitis	None.	There are many causes, but most are due to viruses and do not need an antibiotic.
Hand, Foot and Mouth	None.	

*Female contacts – pregnancy

- If a pregnant woman develops a rash or is in direct contact with someone with a potential infectious rash this should be investigated by a doctor.
- Information taken from the Health Protection Agency's Guidelines on Infection Control in Schools and other Care Settings.