



THE NOURISH AND FLOURISH KITCHEN



St Katharine's

CHURCH OF ENGLAND
PRIMARY SCHOOL

SPRING MENU • WEEK ONE

Weeks Commencing: 23/2, 16/3

MONDAY

TUESDAY

WEDNESDAY

THURSDAY

FRIDAY

Pick a
MAIN

Macaroni Cheese
with Tomato and
Herb Focaccia
and Sweetcorn

Brunch:
Devon Sausage,
Bacon, Hash Brown
and Beans

Roast Chicken
with Gravy, Roast
Potatoes and
Seasonal Vegetable

Pepperoni Pizza
with Potato Wedges
and Sweetcorn

Fish Fingers or
Salmon Fingers
with Chips
and Peas

Pick a
**MEAT-FREE
MAIN**

Cheese and Bean
Pasty with Potato
Wedges and
Sweetcorn

Vegetarian Brunch:
Vegetarian Sausage,
Hash Brown, Beans
and Tomato

Vegan Root Vegetable
Wellington with Roast
Potatoes and
Seasonal Vegetables

Vegetable and
Butterbean Chilli with
White and Wholegrain
Rice and Sweetcorn

Cajun Butternut
Squash and Bean
Burger with Chips
and Peas

Pick a
**JACKET
POTATO**

Jacket Potatoes
served daily with a
selection of fillings

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selection of fillings

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selection of fillings

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selection of fillings

Pick a
DESSERT

Custard Cookie

Fresh Fruit Salad

Apple Sponge

Fruit Jelly

Chocolate and
Raspberry Brownie



We are pleased to offer a variety of allergen free options on our food menu. Although all food is prepared in a kitchen that handles most allergens and therefore we cannot guarantee that cross contamination will never occur, we do take every possible precaution to prevent this from happening.

**FRESH FRUIT
AND SALAD
AVAILABLE DAILY**





THE NOURISH AND FLOURISH KITCHEN



St Katharine's

CHURCH OF ENGLAND
PRIMARY SCHOOL

SPRING MENU • WEEK TWO

Weeks Commencing: 2/3, 23/3

MONDAY

TUESDAY

WEDNESDAY

THURSDAY

FRIDAY

Pick a
MAIN

Mozzarella and
Tomato Pinwheel with
Garlic and Herb Diced
Potatoes and Peas

Beef and Pork
Bolognese Pasta
with Sweetcorn

Roast Turkey with
Roast Potatoes and
Seasonal Vegetables

Sweet and Sour
Chicken with
Vegetable Rice

Devon Pork
Sausage Hot Dog
with Chips and
Baked Beans

Pick a
**MEAT-FREE
MAIN**

Vegetable and
Chickpea Curry with
White and Wholegrain
Rice and Peas

Spinach and Potato
Omelette with Garlic
and Herb Diced
Potatoes and Sweetcorn

Broccoli and Cauliflower
Cheese Bake with
Roast Potatoes and
Seasonal Vegetables

Margherita Pizza
with Potato Wedges
and Salad Sticks

Vegetarian Sausage
Hot Dog with
Chips and
Baked Beans

Pick a
**JACKET
POTATO**

Jacket Potatoes
served daily with a
selection of fillings

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selection of fillings

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selection of fillings

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served daily with a
selection of fillings

Pick a
DESSERT

Iced Lemon
Shortbread

Jelly and Fruit

Orange Drizzle
Cake

Melon and
Orange Wedges

Pink Raspberry
Flapjack



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**FRESH FRUIT
AND SALAD
AVAILABLE DAILY**





THE NOURISH AND FLOURISH KITCHEN

SPRING MENU • WEEK THREE

Weeks Commencing: 9/3, 30/3



St Katharine's

CHURCH OF ENGLAND
PRIMARY SCHOOL

MONDAY

TUESDAY

WEDNESDAY

THURSDAY

FRIDAY

Pick a
MAIN

Mozzarella and Tomato
Pasta Bake with
Homemade Garlic
Focaccia Bread
and Sweetcorn

Chicken Goujons
with Potato Wedges
and Peas

Roast Devon
Gammon with Gravy
Roast Potatoes and
Seasonal Vegetables

Ham Pizza
with Potato Wedges
and Sweetcorn

Breaded Fish
with Chips and
Baked Beans

Pick a
**MEAT-FREE
MAIN**

Vegan Sausage Roll
with Mash and
Sweetcorn

Pesto Pasta with
Homemade Garlic
Focaccia Bread
and Peas

Vegetarian Sausage
with Roast Potatoes
and Seasonal
Vegetables

Vegetable Fajita
Wrap with Potato
Wedges and
Sweetcorn

Black Bean and
Mozzarella Quesadilla
with Chips
and Baked Beans

Pick a
**JACKET
POTATO**

Jacket Potatoes
served daily with a
selection of fillings

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selection of fillings

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served daily with a
selection of fillings

Jacket Potatoes
served daily with a
selection of fillings

Jacket Potatoes
served daily with a
selection of fillings

Pick a
DESSERT

Chocolate
Shortbread

Ice Cream
and Fruit

Crispy Chocolate
Nest

Carrot Cake

Bananas and
Custard



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**FRESH FRUIT
AND SALAD
AVAILABLE DAILY**

