

# CYP PUBLIC HEALTH SERVICE 0 – 19

## SCHOOL NURSING

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Dorset HealthCare  
University  
NHS Foundation Trust



**School Nursing** works across Education and Health, providing a link between the school, home and the community. Our aims are;



- To promote the health and wellbeing of all children and young people
- To work with families and young people from five to nineteen years of age
- To work with one school or a group of schools depending on an identified need
- To work together with other Health Services, Education, Social Care and Voluntary Agencies to give children and young people the support they need

# ACCESSING OUR SERVICE



- We provide virtual clinics for children, from the age of 7, experiencing problems with Enuresis (night time wetting)
- We are able to refer and signpost to other relevant services and Professionals
- We use our Request for Support form which can be found on our webpage, to accept referrals for children and young people from other services, schools or parents
- We have a texting service for parents/carers of school age children for advice and support

## ParentLine 5-19

Confidential text messaging advice service for parents and carers of children aged 5-19.

Message us for confidential advice on

**07312 263131**

to chat with a member of the School Nursing team



**SEARCH FOR SCHOOL NURSING DORSET ON THE INTERNET FOR ALL THE CONTACT DETAILS AND RESOURCES YOU NEED or follow the below link**

**[www.dorsethealthcare.nhs.uk/school-nursing](http://www.dorsethealthcare.nhs.uk/school-nursing)**

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# ADVICE AND SUPPORT VIA Request for Support



Our Request for Support Form aims to provide every parent/carer, school staff, GP or other services (with parental consent), the opportunity to discuss any aspect of a child's health or well being with a member of the School Nursing Team, either via a virtual appointment, face to face or via telephone, where appropriate

School Nursing can support you with advice on the following:



- Bed Wetting
- Behaviour
- Nutritional Advice
- Sleep
- Toileting
- Emotional Wellbeing
- General Health and wellbeing advice



School Health Nursery Nurses contact schools during the Autumn term to introduce themselves and talk about the upcoming years screening checks their Reception children will be offered –

- National Child Measurement Programme (NCMP)

A video explaining the NCMP process can be viewed by parents/carers and children, the link below will also be sent in the NCMP notification letter sent to all parents/carers -

<https://vimeo.com/756835583/c959086cdb>

## What is the National Child Measurement Programme?

Every year one million Reception and Year 6 children are weighed and measured through the NCMP, which:

- helps government to plan and provide better health and leisure services for children
- gives you feedback on how your child is developing and a chance to think about any changes you can make to keep them as healthy as possible



change  
4life  
Eatwell. Move more. Live longer.

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Public Health England (now known as OHID) needs to have a good understanding of how healthy children are, so that the best possible health services and advice can be provided for the children, their families and school communities, where needed

- As a result, a National Child Measurement Programme (NCMP) has been set up, to weigh and measure children, in England, in Reception and Year 6
- Along with OHID the School Health Nursery Nurses will give feedback on how your child is developing and advice/support on changes you can make to keep them healthy



## **SCHOOL ENTRY HEALTH QUESTIONNAIRE**

- You will be sent a link to a digital Health Questionnaire via your child's school, please complete and submit
- You will be given the option to download or print a care plan for your child based on your responses along with resources, links and guidance
- If you identify any areas of concern the School Nursing Team will be in touch about support or referrals that may be required



**Bournemouth, Christchurch, Poole and  
Dorset – 01929 557558**



Every Child Deserves a School Nurse

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